

Framework for Recreation in Canada



Engaging work on the *The Framework for Recreation in Canada* continues as CPRA co-chairs the Implementation and Monitoring Working Group (IMWG) along-side the Interprovincial Sports and Recreation Council (ISRC).

The IMWG is comprised of members from CPRA, representative of ISRC, academics, aboriginal leaders, aligned sector representatives and young professionals. The Working Group's mandate is to track and monitor implementation of the Framework across Canada, to provide advice on tools and supports for the sector to assist with implementation and to provide national leadership on a broad range of issues.

As a member of the IMWG, the Leisure Information Network is creating a *Framework for Recreation Hub* that will be housed on the LIN website (lin.ca). This information portal will allow recreation practitioners across Canada to access and share tools, resources and best practices surrounding the implementation of the Framework. The Hub will be launched spring/summer 2016.

CPRA will continue to provide national leadership during the implementation phase of the Framework by playing an active role in the IMWG and developing tools and resources to assist communities in implementing the goals within the document.



The Framework for Recreation in Canada was jointly developed by the CPRA and ISRC; it presents a renewed definition and vision of recreation as well as confirms common values and principles and was endorsed in February 2015 by Provincial and Territorial Ministers of Sport, Physical Activity and Recreation, and is supported by the federal government.



APRIL 2016

2016 Canadian Parks Summit – Parks for All!

The first event of its kind the 2016 Canadian Parks Summit is being held in April in Canmore, AB. The event will bring together representatives of Canada's three levels of government responsible for national, provincial, territorial, municipal, and regional parks as well as relevant national, provincial, and territorial associations and stakeholders representing broad interests across the nature continuum.

The invitation-only Summit is an initiative of the Canadian Parks Council (CPC) and the Canadian Parks and Recreation Association (CPRA), as well as other stakeholders. It will focus on four main themes: Connect, Conserve, Collaborate and Sustainability and Leadership. Parks for All, a draft framework for action document, has been developed and explores a vision for the future of parks and open spaces in Canada. Summit participants will explore priority actions within the outlined themes.

Four commissioned papers investigating topics and background material relevant to the themes will be covered. The Parks for All document, as well as the commissioned papers, will be made available through the [Leisure Information Network website](http://lin.ca).

As a follow up to the Summit, a Pan-Canadian Parks Conference is scheduled for March 8-11, 2017 at the Banff Centre in Banff, Alberta. This event will offer an opportunity to build on the work of the 2016 Canadian Parks Summit in a spirit of collaboration, professional development and networking.

Visit www.2017parks.ca for more information on the 2017 Pan-Canadian Parks Conference.

CPRA engaging across Canada

CJ Noble, Executive Director is attending the Atlantic Recreation and Facilities Conference in Nova Scotia in April to provide an update on the Framework for Recreation in Canada and the implementation process. The Atlantic Recreation and Facilities Conference and Tradeshow is a partnership between Recreation New Brunswick, Recreation PEI, Recreation Nova Scotia, Recreation Newfoundland and Labrador and Recreation Facility Association of Nova Scotia.

CPRA will also attend the Canadian Parks Summit taking place in April in Alberta. The Summit is an opportunity to create new collaborative relationships within and between indigenous, municipal, provincial, territorial and federal governments, academics, sector NGOs and related businesses.



CPRA Board to meet in Ottawa

The CPRA Board of Directors will hold their spring board meeting and AGM in Ottawa on May 3-4, 2016 bringing together the 13 provincial and territorial parks and recreation association CEOs and Board representatives.

CPRA will take this opportunity to bring the parks and recreation messaging to Parliamentarians and decision makers in the nation's capital.

CPRA will also host a joint meeting with the Canadian Recreation Facilities Council to discuss issues of mutual concern in the sector.

CPRA Awards

CPRA Awards are presented to individuals/ organizations / corporations (including a municipality or government agency/department) who have demonstrated a high level of commitment, passion and leadership on a national level to the parks and recreation sector.

Congratulations to the 2015 CPRA Award of Merit recipients: John Macintyre (ON), John Maurice (NU) Shane Thompson (NWT), Chris Szabo (AB), Ian Reid (NB), Brenda Robertson (NS), André Thibault (QC) and Caroline Sparks (YU).

The 2015 CPRA President's Award of Distinction was awarded posthumously to Randy Kinnee from Saskatchewan.

The 2016 Awards season is now open – we look forward to recognizing the dedicated parks and recreation practitioners across the country.

For more information about CPRA Awards visit www.cpra.ca.



Headgear for non-collision sports

Flying into the boards at top speed can't happen playing soccer, basketball, figure skating, curling or swinging on the monkey bars at the park. Yet something is causing a head injury in Canada every 3 minutes. Want to reduce those numbers? Now there's a way to play prepared in non-collision, non-helmeted sports too. To perform this important task, Forcefield protective headgear combines the protective polymers of a helmet with an athletic quality sweatband. Simple. Effective. Patented worldwide. Tested, compliant, safety certified, proven & accepted by leagues, schools, medical professionals and by the pros for over 15 sports, leisure activities and medical applications throughout the United States and Europe. Now available in Canada.

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Federal Budget – Recreation Infrastructure

The federal budget was delivered on March 22, 2016 by the Liberal government; included was a modest dedicated funding for recreation infrastructure in Canada.

To celebrate the 150th anniversary of Canada's Confederation, Budget 2016 proposes to provide \$150 million to the Regional Development Agencies over two years, starting in 2016–17. This funding, which is cost-shared with municipalities, community organizations and non-profit entities, will support projects to renovate, expand and improve existing community and cultural infrastructure in all regions of the country, including projects that advance a clean growth economy.



Photo credit Winnipeg Free Press

In First Nations communities, cultural and recreational infrastructure can provide an important focal point for community activities. To support the construction of cultural and recreational infrastructure on reserve, Budget 2016 proposes to provide \$76.9 million over two years, beginning in 2016–17.

While the funding needs for the sector far surpass this financial commitment, it is a positive step forward for the government to develop an infrastructure program dedicated specifically to recreation. CPRA will continue working with the federal government to encourage additional infrastructure support for our sector.

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CPRA PROFESSIONAL DEVELOPMENT
CERTIFICATION

Tap your Potential

The CPRA Professional Development Certification program opened its virtual doors in September 2015. Since then, recreation and parks practitioners from across the country have taken the opportunity to invest in their professional development. Together, they are contributing to a growing network of programmers, policy makers, supervisors and educators dedicated to strengthening their contribution to the sector.

After just one year of operation, CPRA is anticipating the first group of practitioners to earn their certification this fall!

You can register for upcoming Certification Courses online at any time (www.cprapdc.ca). The next semester of courses begins September 2016. Individual grants and preferred rates for organizations are available.

Advertise with CPRA – A Great Way to Reach a National Audience

When it comes to the promotion of healthy communities and healthy Canadians, CPRA is a national leader. The relationship we have with our audience is like having one-on-one discussions. Why not join our discussions today?

CPRA has three distinct ways for you to tap into their extensive network of parks and recreation specialists, practitioners, decision makers, advocates, and participants!

Learn about advertising opportunities in CPRA Webinars, national Newsletter and website opportunities and contact us at info@cpra.ca



Spotlight - Tri-Territorial Recreation Training Project for Leaders Shares 2015 Arctic Inspiration Prize

By Anne Morgan, Executive Director, RPAY



The fourth annual [Arctic Inspiration Prize Awards Ceremony](#) was held in Ottawa on January 27, 2016. The Arctic Inspiration Prize encourages innovative projects that mobilize knowledge into action and benefit people and communities in Canada's Arctic.

Three teams shared this year's prize of \$1.5 million: Better Hearing in Education for Northern Youth, Qaggiq: Nurturing the Arctic Performing Arts, and the Tri-Territorial Recreation Training (TRT) initiative. Recognizing the power and potential of recreation, the Selection Committee awarded \$600,000 to the TRT Project.



TRT Award Recipients (from the left): Geoff Ray, Caroline Sparks, Anne Morgan, Fred Muise, Brenda Herchmer, Zach Bell, Tim Van Dam

Nominated by Yukon's two-time Olympic cyclist Zach Bell, and led by the Recreation Parks and Association of Yukon (RPAY), the TRT initiative will strengthen the capacity of recreation leaders in rural and remote communities through the delivery of a specialized training program.

Across the three territories, recreation coordinators and directors, youth leaders, board members, coaches,

fitness leaders, camp counselors, and after school leaders will have access to meaningful learning opportunities based on 13 foundational competencies. Through recreation leadership, people and communities will be empowered to collectively enhance individual, community and environmental wellbeing.

The TRT project emerged from discussions about recreation development challenges facing rural and remote communities. [Building Community: Recreation Development Challenges for Isolated Communities](#), a paper commissioned for the 2011 National Recreation Summit, spurred the conversation. Yukon Government and RPAY explored the context further and developed a model of foundational recreation competencies. The [Yukon Community Recreation Leaders Guide](#) was created using this model. Recognizing an opportunity, the three territorial recreation and parks associations collaborated with their respective governments and Campus for Communities of the Future to plan the innovative [Tri-Territorial Recreation Training initiative](#).

RPAY, in cooperation with NWT Recreation and Parks Association (NWTRPA) and Recreation and Parks Association of Nunavut (RPAN) will implement the project in rural and remote communities across the North. Caroline Sparks and Brenda Herchmer, who were instrumental in developing and writing the TRT proposal, will continue to work with the team. Caroline, with a background in planning, evaluation and capacity building, will coordinate the project. Brenda, with extensive experience building community-based leadership, will lead the design and delivery of the sustainable training program.

On behalf of our partners, we thank the Arctic Inspiration Prize for recognizing recreation's power to foster quality of life.

* North with a capital refers to the three territories, Yukon, NWT and Nunavut

HIGH FIVE® Celebrates its 15th Anniversary

HIGH FIVE is celebrating two very important milestones this year. 2016 marks the **15th anniversary** of HIGH FIVE, Canada's quality assurance standard for children's programs. Through its Provincial and Territorial Partners (HIGH FIVE Authorized Providers) HIGH FIVE provides training, tools, and expertise to assist organizations in delivering quality programs for kids. With this national network, we are also proud to celebrate that HIGH FIVE is now providing positive experiences to more than **one million kids** annually!

Over the past 15 years, HIGH FIVE has grown to become a valued and essential evidence-based service to ensuring healthy child development and quality within children's programs.

According to recent data (2016 HIGH FIVE Impact Survey), HIGH FIVE Organizations are benefitting in many ways from using the standard. Some of the key findings from surveyed organizations include:

- **89%** say HIGH FIVE reduces risk and liability
- **91%** say HIGH FIVE improves customer satisfaction
- **98%** use the standard to improve children's experiences in their programs

HIGH FIVE's wide recognition has led it to being a **prerequisite for employment** for many municipalities and organizations. It has also been embraced by many sectors beyond recreation including: child care, sport, education and health as a way to advance learning. The most recent example is the Coaches Association of Canada (CAC) recognizing HIGH FIVE training with **professional development points** towards the maintenance of their coaches' certification status.



Parks and Recreation Ontario would like to thank everyone who has played a role in the expansion of HIGH FIVE over the last 15 years so we can all provide every child with the best way to play!

For more information about HIGH FIVE please visit www.HIGHFIVE.org



HELP MAKE CANADA THE FITTEST NATION ON EARTH!

Leisure professionals have assumed a key leadership role in this national initiative. Following the passage of Bill S-211, the *National Health and Fitness Day Act* last year, more than 240 cities and towns across Canada proclaimed the first Saturday in June as National Health and Fitness Day. This provides an opportunity for communities to mark the day with local events to promote the use of sport and fitness facilities.

Let's inspire Canadians to become fitter and more active! Show you believe that by working together, we can increase the rates of physical activity across the generations and impact population wellness. In 2016, National Health and Fitness Day is Saturday, June 4th. Partner with your local healthy living specialists, sporting goods stores, private gyms and others to consider some of the following ideas:

1. Waive admission fees to community recreation centres... or try a two for one.
2. Organize and host events in local parks – a scavenger hunt, nature walk, etc.
3. Organize community soccer and baseball games for all ages and abilities.
4. Encourage local sports groups and clubs to offer information sessions, or "try it" days.
5. Plan community fun fairs and use local parks to host multi-sport events for kids.

Check the new website <http://sen.parl.gc.ca/nra/nhfd.htm> to see if your community has proclaimed the day and plan to get involved to make it even more successful.

CPRA recently hosted a webinar on National Health and Fitness Day – view the recording at www.cpra.ca for ideas on how to host your own events!

Spread the word! Help engage all Canadians in National Health and Fitness Day 2016 [@NHFDcan](https://twitter.com/NHFDcan). #NHFDcan #FittestNationonEarth

Community Physical Activity Challenge

April 1 – 30, 2016

Throughout NL

<http://www.recreationnl.com/findyourfit/home/fit-news/challenges/>

2016 Canadian Parks Summit

April 11-14, 2016

Canmore, Alberta

<http://arpaonline.ca/events/2016-canadian-parks-summit/>

2016 SPRA Spring Education and Training Symposium

April 18–22, 2016

Humboldt, SK

www.spra.sk.ca/symposium

BCRPA 2016 Symposium

Apr 27 – 29, 2016

Whistler, BC

www.bcrpa.bc.ca

Recreation NL 45th AGM Conference and Tradeshow

May 26-28, 2016

St. John's, NL

<http://www.recreationnl.com/programs-events/agm-conference-2/>

Recreation for Life Foundation Golf Tournament

June 9, 2016

Sherwood Park, Alberta

<http://recreationforlife.org/events/golf-tournament/>

PRO Aquatics Conference

November 1 – 4, 2016

Huntsville, ON

http://www.prontario.org/index.php?ci_id=3360

JUNE IS PARKS AND RECREATION MONTH



www.cpra.ca

Playground Safety Courses



The Canadian Playground Safety Institute is offering several Theory and Practical combined courses this spring.

This program is for inspector, installers, maintenance personnel, playground designers and others in the playground industry who need to obtain their Canadian Certified Playground Inspector status, or who just want playground safety training. This course has been updated to include information on the new CSA Children's Playspace and Equipment standard which was released in 2014.

Dates and locations are as follows:

April 12-15 - Charlottetown, PE - [Link to registration form](#)

April 19-22 - Cornwall, ON - [Link to registration form](#)

April 26-29 - Toronto, ON - [Link to registration form](#)

May 3-6 - Calgary, AB - [Link to registration form](#)

June 7-10 - Halifax, NS - [Link to registration form](#)

Course additions will be posted on the schedule page on CPSI's website cpsionline.ca

For more information on CPSI courses, please contact the CPSI office by email cpsi@cpsionline.ca or by phone toll-free 1-877-536-2338.

